

2026



YMCA OF THE PIKES PEAK REGION

SUMMER YOUTH PROGRAMS CATALOG



ppymca.org

For a better us.®

Table of Contents

Choosing the Right Summer Program ···· 01	Sports Add-Ons ····· 09
Summer Day Camp ····· 02 – 03	Healthy Living Programs ····· 10
Summer Explorers Camp ····· 04	Ninja Zone ····· 11–12
Camp Shady Brook – Overnight Camp ···· 05	Mini Camps & Specialty Programs ····· 13–14
Summer Swim Lessons & Swim Team ··· 06	Youth Safety & Leadership Programs · 15
Youth Sports ····· 07	Financial Assistance, Member Benefits ····· 16
Sports Camps ····· 08	



Welcome to Summer at the Y

Built for Summer. Made for Kids.

At the YMCA of the Pikes Peak Region, summer is more than a break from school, it's a chance for kids and teens to discover who they are and what they can do. Through our commitment to **Youth Development, Healthy Living, and Social Responsibility**, campers learn new skills, build strong friendships, and thrive in a supportive environment.

From full-day camps to skill-based enrichment, families can mix and match programs that fit their schedules, interests, and goals.

YMCA members **save an average of 27% on youth programs**, with some specialty programs offering savings of 30% or more.



**Join Today
and Save!**



CHOOSE THE RIGHT SUMMER PROGRAM



FULL DAY PROGRAM OPTIONS

A full day of summer excitement, new friends, and big adventures!



SKILL-BASED & ENRICHMENT PROGRAMS

Where kids dive into their interests, master new skills, and try tons of awesome stuff all summer!



ADD-ON PROGRAMS

Enhance existing registrations with additional activities.



SUMMER DAY CAMP

PROGRAM OVERVIEW

The Y's Summer Day Camp is one of the oldest and most trusted programs in the country. Our child-centered camps offer fun, discovery-based learning that helps children grow in imagination, creativity, confidence, and leadership.

Campers enjoy themed-based weekly activities (yes, that means dress-up days!) where friendships are built through group games, sports and fitness, hands-on science, arts and crafts, music, and the opportunity to explore and uncover new interests and hobbies, and so much more!

Families can take advantage of optional add-ons, including Sports Camp, Swim Lessons, and NinjaZone, giving campers access to even more of what the YMCA has to offer. Campers will also enjoy regular swim time, as well as exciting field trips coming to us throughout the summer for even more adventure and enrichment.

Dates:

May 27th - August 14th
(dates vary by location)

Times:

6:30 a.m. - 6:00 p.m.

Ages:

5 years - 12 years

Locations:

TRI-LAKES YMCA

(May 27th - Aug 7th)

BRIARGATE YMCA

(May 27th - Aug 7th)

DOWNTOWN YMCA

(May 27th - Aug 7th)

GRAND PEAK ACADEMY

(May 27th - Aug 7th)

SOUTHEAST YMCA

(May 27th - Aug 14th)

FOUNTAIN YMCA

(May 27th - July 31st)

Pricing:

FULL-TIME MEMBER RATE -
\$292/WEEK

FULL-TIME NON-MEMBER RATE -
\$259/WEEK

3-DAY MEMBER RATE -
\$188/WEEK

3-DAY NON-MEMBER RATE -
\$221/WEEK

(3-Day options available at Tri-Lakes only)

YMCA SUMMER DAY CAMP ADD-ONS:

These are optional additions to your weekly registration. Day Camp staff will take them to and from these sessions during the day! (Please note that you must be registered for Day Camp to qualify for add-on pricing.)

Sports Camp Add-Ons:

This option runs from 9:00 am - 12:00 pm, Monday - Friday, so be sure to drop your child off early. There will be a set schedule of which sports are offered each week at each location. This schedule will be listed at the time of registration.

Swim Lesson Add-Ons:

Times vary by location and will take place Monday - Thursday each week. (Swim Lesson add-on is available at Tri-Lakes, Briargate, Downtown, and Southeast YMCA Camps).

NinjaZone Add-Ons:

Times vary by location and will take place Monday-Friday each week. (Available at Briargate and Southeast).

WEEKLY CAMP THEMES

Week 1: Pencils Down (May 26th - 30th)

School's out and fun is in! Pencils Down week is all about celebrating summer with games, creative projects, movement, and stress-free fun. Campers will enjoy playful challenges, arts and crafts, and plenty of time to relax, laugh, and just be kids.

Week 2: River Ramblers (June 1st - 5th)

Let's go with the flow! During River Ramblers week, campers will explore water-inspired activities, nature exploration, and teamwork challenges. Kids will learn about rivers, ecosystems, and movement through hands-on play and outdoor adventures.

Week 3: Woods Week (June 8th - 12th)

Step into the great outdoors! Woods Week invites campers to connect with nature through forest games, outdoor skills, sensory activities, and creative exploration. This week focuses on curiosity, teamwork, and appreciation for the natural world.

Week 4: Globe Trotting (June 15th - 19th)

Pack your bags—we're traveling the world! During Globe Trotting week, campers will explore different cultures, traditions, games, and foods from around the globe through fun, interactive activities that celebrate diversity and curiosity.

Week 5: Olympic City USA (June 22nd - 26th)

In partnership with community and Olympic organizations, camp this week with focus on connecting local youth with the broader Olympic and Paralympic community, fostering pride, inspiration, and a deeper appreciation for the power of sport.

Week 6: Fireworks & Freedom (June 29th - July 3rd)

Red, white, and FUN! Fireworks and Freedom week celebrates summer traditions with patriotic crafts, classic camp games, and festive activities focused on teamwork, gratitude, and community—all with a safe, kid-friendly twist.

Week 7: Carnival Cravings & Creations (July 6th - 10th)

Step right up! Carnival Cravings and Creations week brings the fun of a carnival to camp with games, creative booths, prizes, and hands-on projects. Campers will design, play, and imagine their way through this high-energy week.

Week 8: Teepeetonka (July 13th - 17th)

Let the games begin! Teepeetonka week is all about friendly competition as campers face off in fun, age-appropriate challenges and team events. Kids will practice teamwork, sportsmanship, and perseverance while cheering each other on.

Week 9: Water World (July 20th - 24th)

Splish, splash—it's time to cool off! Water World Week features water games, science experiments, and ocean-inspired activities that keep campers active and refreshed. Expect lots of movement, laughter, and summer fun.

Week 10: Under Construction (July 27th - 31st)

Hard hats on! Campers will build, create, and problem-solve through hands-on challenges and team projects. This week focuses on creativity, collaboration, and learning by doing—no blueprints required.

Week 11: Mysteries, Myths, and Magic (July 13th - 17th)

Uncover secrets and spark imagination! During Mysteries, Myths, and Magic week, campers will dive into legends, puzzles, magic-inspired activities, and creative storytelling. This week encourages critical thinking, teamwork, and wonder.

Week 12: Aloha Summer (August 10th - August 14th)

Let's end camp with a celebration! Aloha Summer is a tropical-themed send-off filled with games, crafts, music, and reflection on all the fun memories made. It's a joyful, laid-back way to wrap up an amazing summer together.

EXPLORERS PROGRAM

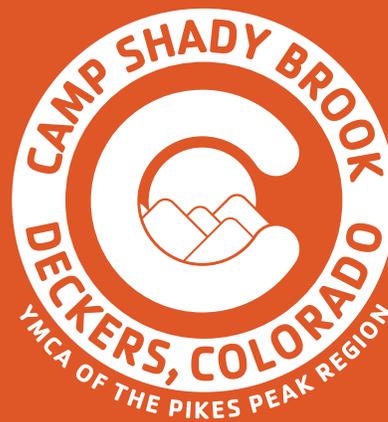
Explorers is an exciting summer program designed to help youth discover new interests, build confidence, and explore the world around them. Through team building, creative expression, health and wellness activities, community service, and life-skills development, participants will enjoy hands-on experiences that encourage curiosity and personal growth.

Program activities will rotate throughout the summer, offering a variety of engaging experiences across multiple sessions. Details including ages, schedules, and registration information, and rates will be available soon.



For updates and summer program information, visit ppymca.org/daycamp





CAMP SHADY BROOK

PROGRAM OVERVIEW

Camp Shady Brook offers a classic YMCA overnight camp experience rooted in adventure, independence, and connection to nature. Located in the mountains near Deckers, Colorado, this program lets youth unplug, build confidence, and create lifelong memories through immersive outdoor adventures.

Programs may be focused on outdoor adventure, teamwork, and leadership development.

LEARN MORE:



SWIM LESSONS



YMCA Summer Swim Lessons focus on what matters most: water safety, confidence, and skill progression. Certified instructors work with each child at their individual level, from water acclimation through stroke development.

SESSION RATES

MEMBERS:

8 lessons/month \$71

4 lessons/month \$36

NON-MEMBERS:

8 lessons/month \$101

4 lessons/month \$50



SESSION DATES

MORNINGS

Monday–Thursday: June 1st–11th, 15th–25th, July 6th–16th, 20th–30th

Tuesday/Thursday: June 2nd–25th, July 7th–30th

Wednesday: June 3rd–24th, July 8th–29th

Saturdays: June 6th–27th, July 11th–Aug 1st

AFTERNOONS

Monday/Wednesday: June 1st–24th, July 6th–29th

Tuesday/Thursday: June 2nd–25th, July 7th–30th

*Schedules vary by location and registration is available at your [local YMCA](#).

Visit our Swim Lessons page to view individual YMCA schedules.

ppymca.org/swimlessons

YOUTH SPORTS

YMCA Youth Sports programs introduce and reinforce fundamental skills in a positive, team-oriented environment. With an emphasis on sportsmanship, confidence, and fun, participants learn the value of teamwork while staying active and engaged.



T-BALL: Ages 3-5

Coaches Pitch Baseball/Softball Ages 6-7, 8-9

Player Pitch Baseball/Softball Ages 10-11, 12-14

The YMCA Baseball/Softball program is designed to help your child learn the game in a safe and fun environment! All players are guaranteed 50% playing time at the Y to help them develop in game situations. Teams will only meet on the weekdays assigned for the age group. They will practice both days for the first two weeks and then alternate games or practices on those two days. Registration includes a jersey and a hat.

Cheerleading: Ages 6-14

If your little cheerleader is ready to show their spirit, improve their strength, and learn to cheer, it's time to join the Y squad! YMCA Cheerleading gives young athletes a chance to learn and refine cheer, dance, and sideline routines (no stunting). They even get to put their skills into practice when cheering on our teams on the court or the field. This program helps young cheerleaders build confidence and make their voice heard!

Basketball: Ages 3-18

The YMCA Basketball program is designed to help your child learn the game in a safe and fun environment! All players will practice for one hour a week with games on Saturdays. All players are guaranteed equal playing time at the Y to help them develop in game situations. All registrations come with a team color basketball jersey.

REGISTER TODAY



SPORTS CAMPS

Sports Camps provide focused, skill-based instruction for youth who want to explore a sport or improve their abilities. Led by experienced coaches, these camps combine drills, gameplay, and encouragement to help participants grow in both skill and confidence.

TIMES:

AM camps are 9:00 a.m.-12:00 p.m.

PM camps are 1:00 p.m.-4:00 p.m.

Campers signed up for all day sports camp will eat lunch (not provided) from 12pm-1pm.



YOUTH SOCCER PERFORMANCE

Train Faster. Think Quicker. Play Smarter.

The Youth Soccer Performance Institute is a monthly, high-performance training class designed for athletes who already have organized soccer experience (YMCA leagues, club, or school teams). This program is built for players who want to move faster, react quicker, and perform with greater confidence and consistency on the field. Ages 9-15 years.

REGISTER



PROGRAM DETAILS

Format: Monthly enrollment

Frequency: 1 session per week

Session Length: 60 minutes

Training Style: Performance-driven, game-speed, athlete-focused

Equipment: Soccer ball, athletic footwear, water bottle

COST

Members: \$100

Non-Members: \$150

LOCATIONS

Tri-Lakes YMCA

This class helps bridge the gap between league play and higher-level performance training, while staying aligned with the mission of the YMCA of the Pikes Peak Region.



SPORTS CAMPS

ADD-ONS

Sports Camp Add-Ons allow families to enhance an existing program by layering additional sports instruction into their child's schedule. These options provide extra opportunities for movement, skill development, and engagement without committing to a full camp experience.

Sports Camp Add Ons are offered at the Tr-Lakes, Briargate, Downtown, Southeast and Fountain YMCA.

RATES

MEMBER: \$50
NON-MEMBER: \$60

Campers must be registered for Traditional day camp and can add on sports camp in the morning from 9am-12pm each day that week.

LEARN MORE



HEALTHY LIVING PROGRAMS

Healthy Living programs encourage youth to stay active, build confidence, and develop lifelong wellness habits. Through age-appropriate fitness and movement opportunities, participants strengthen both physical and emotional well-being in a supportive environment. Ages 8-14.



Youth Athlete Performance Pathway

Train the Body. Train the Brain. Build the Athlete.

The Youth Athlete Performance Pathway is a monthly, evidence-informed training program designed to develop resilient, confident, and adaptable young athletes. Aligned with Long-Term Athlete Development (LTAD) principles and the mission of the YMCA of the Pikes Peak Region, this program focuses on whole-athlete growth, physical, cognitive, mental, and emotional. **This is not sport-specific training. This is lifelong athletic development.**

PROGRAM DETAILS

Format: Monthly enrollment
Frequency: 1 session per week
Session Length: 60 minutes
Training Style: Game-based, inclusive, age-appropriate
Experience Required: None

COST

Members: \$60
Non-Members: \$85

**Days & Times
vary by branch**

LOCATIONS

Briargate YMCA
Tri-Lakes YMCA
Southeast YMCA
Downtown YMCA
YMCA at First & Main

ATHLETE DEVELOPMENT PATHWAY

This Pathway:

- Reduces early specialization
- Prevents burnout
- Builds confident, capable athletes
- Supports lifelong health and activity

Contact your local YMCA for more information.

NINJA ZONE

Ninja Zone combines obstacle training, agility, and strength in a high-energy setting that keeps kids moving and motivated. Designed to build confidence, coordination, and resilience, Ninja Zone offers both standalone programs and add-on opportunities.

Camp Schedule:

NinjaZone Camp Add-On (Briargate)

Cost: \$50 per week

Apparel Options:

One-time shirt pack: \$35

Socks: \$10

MONDAY

Ninja: 7–12 yrs

2:15pm–3:00pm

Ninja: 5–6 yrs

3:15pm–4:00pm

TUESDAY

Ninja: 5–6 yrs

2:15pm–3:00pm

Ninja: 7–12 yrs

3:15pm–4:00pm

WEDNESDAY

Ninja: 7–12 yrs

2:15pm–3:00pm

Ninja: 5–6 yrs

3:15pm–4:00pm

THURSDAY

Ninja: 5–6 yrs

2:15pm–3:00pm

Ninja: 7–12 yrs

3:15pm–4:00pm

FRIDAY

Ninja: 7–12 yrs

2:15pm–3:00pm

Ninja: 5–6 yrs

3:15pm–4:00pm



NinjaZone Monthly Program (Briargate)

Pricing:

\$65/month Member

\$90/month Non-Member

Apparel Options:

Shirt pack: \$35

Socks: \$10

Power Pack: \$65

Weekly Class Schedule:

MONDAY/ WEDNESDAY

Lil' Ninjas (Ages 3–5):
4:15pm

Youth Ninjas (Ages 6–8):
5:15pm

TUESDAY

Baby Ninjas (Ages 1–2):
9:00am

Lil' Ninjas (Ages 3–5):
10:00am, 4:15pm

Youth Ninjas (Ages 9–11):
5:15pm

THURSDAY

Baby Ninjas (Ages 1–2):
9:00am

Lil' Ninjas (Ages 3–5):
4:15pm

Youth Ninjas (Ages 6–8):
5:15pm

FRIDAY

Lil' Ninjas (Ages 3–5):
9:00am

Youth Ninjas (Ages 6–8):
4:15pm

Youth Ninjas (Ages 9–11):
5:15pm

Youth Small Group Training (Briargate)

KIDZ TUMBLING

Wednesdays, 9:00am

Ages 3-7

COST:

\$60 Member

\$85 Non-Member

TINY TOES BALLET

Tuesdays, 9:30am

Ages 3-6

COST:

\$60 Member

\$85 Non-Member

YOUTH SPORTS CONDITIONING

Mondays, 4:30pm

Ages 7-14

COST:

\$65 Member

\$85 Non-Member

YOUTH SPORTS PERFORMANCE

Wednesdays & Thursdays, 4:30pm

Ages 7-14

COST:

\$65 Member

\$85 Non-Member

Small Group Training (Ages 16+)

TRX

Wednesdays, 10:00am

COST:

\$85 Member

\$105 Non-Member

6-Week Summer Time Hustle

May 18 - June 3

Mondays & Fridays, 8:30am

COST:

\$165 Member

\$238 Non-Member

Brain-Body-Strength Conditioning

Mondays & Wednesdays
3:00 - 4:00pm

Ages 7-14

COST:

\$330 Member

\$475 Non-Member

NinjaZone Camp Add-On (Southeast)

Cost: \$50 per week

Apparel Options:

One-time shirt pack: \$35

Socks: \$10

MONDAY

Ninja: 5-8 yrs

2:45pm-3:30pm

Ninja: 9-12 yrs

3:45pm-4:30pm

TUESDAY

Ninja: 9-12 yrs

2:45pm-3:30pm

Ninja: 5-8 yrs

3:45pm-4:30pm

WEDNESDAY

Ninja: 5-8 yrs

2:45pm-3:30pm

Ninja: 9-12 yrs

3:45pm-4:30pm

REGISTER TODAY



THURSDAY

Ninja: 9-12 yrs

2:45pm-3:30pm

Ninja: 5-8 yrs

3:45pm-4:30pm

FRIDAY

Ninja: 5-8 yrs

2:45pm-3:30pm

Ninja: 9-12 yrs

3:45pm-4:30pm





MINI CAMPS & SPECIALTY PROGRAMS

Big fun in a small package! Mini Camps give kids the chance to explore new skills, hobbies, and activities through short, exciting sessions, perfect for families who want summer fun without an all-day commitment.

Dates:

June 8, 2026 - July 30, 2026

Times:

First & Main - Mon - Thurs 1pm - 3:30pm

Briargate & Tri-Lakes - Mon - Thurs 1:30pm - 4pm

Ages:

First & Main - 3-10yrs

Briargate - 3-5yrs and 6-10yrs

Tri-Lakes - 4-10yrs

RATES

MEMBER: \$98/Session

NON-MEMBER: \$128/Session

REGISTER HERE



MORE INFO NEXT PAGE



WEEKLY CAMP THEMES

YMCA at First & Main

Messy Camp

June 8-11

Ooey-gooley, creative fun with hands-on activities that celebrate messes and imagination

Ocean Explorers

June 15-18

Dive into ocean fun through playful learning, creativity, and exploration

Stellar Science

June 22-25

Blast off with exciting experiments and cosmic fun that spark curiosity

Cook From Your Favorite Book

July 6-9

A tasty adventure where favorite books inspire hands-on cooking

Believe in Magic

July 13-16

Magical adventure filled with Disney-inspired fun

Messier Camp!

July 20-23

So much messier than before...

Briargate Family YMCA

Beach Bash

June 8-11

Let's head to the beach and enjoy a week of sun, sea and sand!

Messy Camp

June 15-18

Ooey-gooley, creative fun with activities that celebrate messes and imagination

Time Travel

June 22-25

Take a whirlwind journey through time with creative activities and epic discoveries

Messy Camp

July 24-27

Ooey-gooley, creative fun with activities that celebrate messes and imagination

Mythical World

July 6-9

Brings fantasy to life with magical stories and mythical adventures

S'winter Vacation

July 13-16

S'winter vacation in July Camp lets kids enjoy the magic of Winter in Summer!

The Great Outdoors

July 20-23

Explore nature, discover wildlife, and enjoy hands-on adventures

Tri-Lakes YMCA

Welcome to Summer

June 8-11

Let's kick off summer with a fun filled week of crafts, STEM, games and friends!

Cheer Camp

June 15-18

Get ready to jump, cheer, and shine at Cheer Camp—where kids learn awesome moves & build confidence.

Theatre Camp

June 22-25

Step into the spotlight at Theatre Camp, where kids play games, create characters, and bring stories to life.

Art Camp

July 6-9

Art Camp is a relaxed, creative space where kids proudly make art that's uniquely theirs.

Science Camp

July 13-16

Science Camp is all about hands-on experiments, curious minds, and exciting discoveries

Messy Camp

July 20-23

Ooey-gooley creative fun with activities that celebrate messes and imagination

BABYSITTING & YOUTH SAFETY CLASSES

Babysitting and youth safety classes equip participants with essential caregiving, leadership, and safety skills. These programs help teens build responsibility and confidence while preparing them for real-world situations.

For course dates and times, or to register visit ppymca.org.babysitting



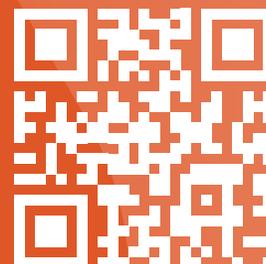
FINANCIAL ASSISTANCE & MEMBERSHIP BENEFITS

YMCA Membership

A YMCA membership gives families access to more than a place to play or workout, it's a gateway to connection, confidence, and community. Members enjoy access to YMCA facilities, group exercise classes, pools, and wellness programs, plus exclusive savings on camps, sports, swim lessons, and youth programs throughout the year.

Join the Y and save on summer programs:

ppymca.org/join



Financial Assistance

The Y believes no one should be denied access because of their ability to pay. Through our Annual Support Campaign and community support, financial assistance is available for both memberships and program fees based on individual and household needs. Assistance helps reduce fees and is awarded confidentially and consistently across the association.

How It Works:

- Financial assistance can make monthly dues and program costs more affordable
- Assistance decisions are based on income and household circumstances
- Applicants reapply each year to continue receiving support

Learn more and apply: ppymca.org/financialassistance

