At the Y, strengthening community is our cause. As one of the nation’s leading nonprofits, we focus on three crucial areas to help individuals, families and communities learn, grow and thrive:

**YOUTH DEVELOPMENT**
**HEALTHY LIVING**
**SOCIAL RESPONSIBILITY**

We are a powerful association of men, women and children joined together by a shared commitment to invest in our kids, our health and our neighbors. Thanks to the generosity of those who donate to our Annual Support Campaign, the Y has never turned anyone away due to an inability to pay.

Whether developing skills, fostering emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y promotes the care and respect all people need and deserve.

MISSION: TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL.
HIGHLIGHTS – LIFE AT THE Y IN 2016

- 22,800 kids served daily in child care
- 57,440 people participated in Y programs
- $859,537 raised in support of our annual campaign
- 1,050 employees changed lives
- $1,282,618 of financial assistance provided to help individuals and families experiencing financial hardships
- 7,329 individuals improved their health thanks to corporate partnerships with 71 businesses

111,200 MEMBERS
**BETTER TOGETHER**

The Y is a cause for strengthening community, working tirelessly to nurture the potential of kids, improve our community’s health and well-being and give back and support our neighbors. Thank you to our strategic partners for sharing our vision and collaborating to improve the health and well-being of people in the Pikes Peak Region.

1,293
**KIDS SERVED IN BEFORE & AFTER SCHOOL PROGRAMS OFFERED AT 21 SITES LOCATED IN SCHOOL DISTRICTS 11, 12, 14, 20, 38, 49 & CHARTER SCHOOLS**

7,176
**PEOPLE ENJOYED THE OUTDOOR POOLS DURING THE SUMMER**

The Y partners with area school districts to bring families safe and affordable before and after school programs. In 2016, we grew from 16 to 21 sites!

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*Penrose-St. Francis Health Services*  
*Centura Health.*

Our health care partner providing programs and services designed to help families with chronic disease management, including health screenings, health risk assessments, employee wellness and motivational coaching.

*Children’s Hospital Colorado*  
*Colorado Springs.*

Our exclusive partner engaged in all youth and teen sports programming and leagues, creates a seamless experience for families to address injury prevention, mental health, nutrition and physical activity, child obesity, prematurity and respiratory illness.
We believe that all kids deserve the opportunities to discover who they are and what they can achieve. That’s why, through the Y, youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

- **9,484** kids participated in swim lessons
- **900** youth explored hands-on, enriching activities in our day camp program
- **697** kids spent part of their summer having fun in the great outdoors at Camp Shady Brook
- **16,784** kids stayed active in youth sports
- **1,000** youth developed skills at sports camps
- **100** youth attended the 3rd annual Sky Sox baseball clinic
- **90** youth participated in the first-ever Switchbacks soccer clinic
IMPROVING HEART HEALTH

The Y introduced the Blood Pressure Self-Monitoring Program offering adults with hypertension individualized support, nutrition education and proper measuring techniques by a Y Heart Health Ambassador.

HEALTHY LIVING
At the Y, we bring families closer together, encourage good health and foster connections through fitness, sports, fun and shared interests. We are improving the Pikes Peak Region’s health and well-being by providing innovation in fitness and health care delivery, thanks to a collaborative network of health, wellness and preventive services.

5,387 RUNNERS PARTICIPATED IN OUR CREEPY CRAWL, TURKEY TROT AND JINGLE BELL 5KS + 1 MILE KIDS FUN RUNS
100 CANCER SURVIVORS PARTICIPATED IN FREE CLASSES THROUGH LIVESTRONG AT THE YMCA
3,417 FIT PATH SESSIONS HELPED MEMBERS MAP OUT THEIR HEALTH AND WELLNESS PLAN
14,105 PERSONAL TRAINING SESSIONS KEPT MEMBERS ON TRACK AND PROMOTED POSITIVE LIFESTYLE CHANGES
278 SENIORS PARTICIPATED IN THE MOVING FOR BETTER BALANCE PROGRAM
SOCIAL RESPONSIBILITY

OUR STRENGTH IS IN COMMUNITY
The Y is a nonprofit like no other. In 10,000 neighborhoods across the nation, we have the presence and partnerships to not just promise but deliver positive change.

The Y is community centered. We listen and respond to challenges that keep individuals and the community from reaching their full potential. The Y responds with services and support that help people become self-reliant, productive and connected. Some of our critical focus areas include:

MAKING MILITARY LIFE EASIER

5,000
TOYS PROVIDED TO FAMILIES IN PARTNERSHIP WITH OPERATION HOMEFRONT & DOLLAR TREE

800
BACKPACKS DONATED TO MILITARY FAMILIES

600
VETERANS CELEBRATED AT ANNUAL VETERANS DAY EVENTS IN OUR COMMUNITY

650
MILITARY FAMILIES PARTICIPATED IN BREAKFAST WITH SANTA

98
QUILTS & PILLOWS WERE GIVEN TO CHILDREN OF DEPLOYED PARENTS THROUGH OPERATION KID COMFORT

SAFETY AROUND WATER
Safety Around Water is a program designed to reduce children’s risk of drowning by teaching them basic water safety skills. During the course children learn how to respond if they find themselves in unexpected water situations.

178
CHILDREN LIVING IN UNDERSERVED COMMUNITIES RECEIVED FREE SWIM LESSONS

With multiple deployments and the uncertainty of what’s ahead, the Y is here to help ease some of the stress associated with military life. We connect families, provide a safe and nurturing environment for children and host year-round military appreciation events and programs.
RAD events are put on by students, for students, and are a way for high schoolers to have fun on Friday nights. By offering an alternative to parties, RAD keeps students safe while still providing them with the social events they enjoy.

RAD is a program that was started by Palmer Ridge student Brandon Pappas to change the culture of drugs and drinking that is pervasive in many high schools across the country. The program currently has chapters at Palmer Ridge High School, Lewis-Palmer High School and Discovery Canyon High School Campus.

Founded by:

250 teens from two school districts participated in the first year of TWEEN programs

50 students per day served in their second semester

4% increase in the GPA of those who participated from one semester to the next

The 7th Grade Initiative connects youth to fun, healthy experiences after school. Students receive a free one-year Y membership to explore healthy activities and games, socialize with friends and enjoy new experiences while building confidence and self-esteem.

50 at-risk students served at our WELTE Teen Center

WELTE TEEN CENTER

Two college tours provided, serving 20 at-risk students living in underserved communities.
LEADERSHIP

EXECUTIVE STAFF

Boyd Williams, President & CEO
Jeff Peterson, Executive Vice President & COO
Scott Christian, Vice President of Finance & CFO
Lisa Austin, Senior Vice President of Human Resources & Risk Management
Bob Lally, Chief of Staff
Charlotte Waters, Chief Healthcare Strategist
Theresa McDonough, Major Gifts Officer

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Bill Cherrier, Vice Chair
Jay Kloster, Treasurer
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Thomas Kennedy, Immediate Past Chair

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Ted Rinebarger
Walt Glover, Chair
Each year, the Y recognizes volunteers who have made a significant contribution to our community. It is our pleasure to honor the following volunteers for their commitment in 2016:
The J.H. Woodgate Award is named for the first Board Chair of the Colorado Springs YMCA who served in 1878. Each year, our Association recognizes an individual or entity whose service or support has made a profound and lasting impact on our organization.

Tom’s role as a leader in our community has spanned decades and has had significant impact on the YMCA Metro Board, our staff and the YMCA as a whole. Tom has served on the YMCA Board for almost 10 years, including in an extended role due to the unexpected departure of a previous chair. Tom eagerly stepped in and took the helm, providing tremendous leadership and guidance.

Tom led the vision for how the Metro Board should help guide the Y and represent the voice of its members. He played a significant role in creating a governance model that inspired, educated and helped the board to operate in a more engaged level. His guidance helped to deepen the board’s understanding of their role and fiscal responsibility.

Tom guided the implementation of the governance committees that work in conjunction with staff, directly affecting day to day operations; a process that continues to this day.

It was under Tom’s leadership of the board and in working with the Y that the Tri-Lake’s Health Pavilion went from a vision, to the model health care facility that it is today. This facility focuses on wellness, prevention, and helping people reach and maintain optimal health in their everyday lives.

With an understanding of the need to impact other’s lives in our community in a similar way, Tom helped lead the feasibility study for our current Capital Campaign that will have similar impact at our Garden Ranch, Eastside and the Downtown locations.

Tom’s dedication, leadership and love for this community will continue to have a lasting impact on generations to come.
The Summit Society is a group of families and individuals who share a belief in the mission of the Y and want to expand our mission to strengthen our community for future generations. By recognizing that the Y will continually play a critical role in the future lives of the greater Colorado Springs community, Summit Society members have invested – through outright gifts and planned gifts – in the Endowment Fund or the Y Foundation of the Pikes Peak Region.

With these gifts, the Y will continue to provide innovative programs that address the challenges and opportunities of our community’s future. Gifts that are included in the Summit Society include: Outright gifts, wills and revocable living trusts, life insurance, charitable trusts, charitable gift annuity, beneficiary designations and charitable lead trusts.
FINANCIALS

YMCA of the Pikes Peak Region 2016 Operating Financials (Non-GAAP)

REVENUE
Capital Contributions 4,515,000
Contributions 747,000
Membership Fees 15,383,000
Program & Camping Fees 5,414,000
Government Sources 1,006,000
Investment & Other 378,000

Total Revenue 27,443,000

EXPENSE
Personnel Costs 14,825,000
Services & Supplies 2,402,000
Occupancy 3,163,000
Equipment 332,000
Transportation 160,000
Staff Development 266,000
National Dues 318,000
Financing 1,003,000
Insurance 340,000
Other 689,000
Facility & Program Reserves 668,000

Total Expense 24,166,000

Expense Summary
Program Expenses 20,688,188 86%
Management Expenses 3,270,575 14%
Fundraising Expenses 207,237 1%

Net Assets as of 12/31/2016 36,155,975

Financial Assistance Allocation – 2016

- Downtown 19%
- City Recreation Centers 3%
- Fountain 2%
- Garden Ranch 12%
- Southeast 17%
- Tri-Lakes 15%
- Briargate 8%
- Camp Shady Brook 5%
- Childcare/Day Camp 19%
YMCA CHAIRMAN’S ROUNDTABLE DONORS

Our donors help keep Y programs and services available to all regardless of their financial situation. A special thank you to our YMCA Chairman’s Roundtable donors who gave a minimum annual gift of $1,000 to the YMCA Annual Support Campaign in 2015.

INDIVIDUALS

The Abbots
Anonymous
Deborah Adams
JT Adamson
Sonny Adkins & Shaina Lampton
Jenny Adams & Ron Coleman
Kyle & Adam Aldaz
Ashton Allumbaugh
Adam Andrasko
The Aichele Family
Michael & Mary Aspenson
Lisa & Jim Austin
Estella & Michael Baca
Robert Bauer
Colby Becker
Wendy & Chris Becker
Carolyn Beggs
Merv & Rosann Bennett
Bruce & Cathleen Berglund
Jessica Bertsch
Renzo & Lynette Bianchi
Kyle Bifano & Emily Fisch
Chris Bolling
Kelly Boudreau & Seth Cornell
JR Bond
Mark Bowers
Dan & Debbie Bowers
Richard W Boyle
Holly & Scott Brandon
Steven Brown
Pam E Briggs
Anonymous
Keith & Amanda Bryant
Becky Byrnes
Mike Callicrate
Patty & Bruce Cameron
David Campbell
Matt & Shelagh Carpenter
Adan Cerda
Craig & Carylle Cheatham
Bill & Mary Cherrier
Scott & Tiffany Christian
Andrew & Mariann Cobb
Lonnie Cramer
DC & KC Charitable Remainder Trust
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Julie & Pat Daly
Jane Degroff
The Dewey Family
Travis Dodge
Joseph Doolittle
Dennis & Lisa Doyle
Anonymous
Jennifer Elliott
Ken & Shelley Emry
Jennifer & Jeffery Falkenstein
Beverly A Fallis
Gary & Kimberly Feffer
Martin & Monica Fesing
Collyn Florendo
John & Margaret Fogarty
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Sean A Frech
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Cory Gambardella
Randi Geving
Charlotte Ginsburg
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Daren Girling & Family
Walter & Willia Glover
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Randy & Tina Halfpop
The Hansen Family
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Darold & Elizabeth Herdes
Ben and Candi Hettich
Annette Hicks
Ryer Hitchcock
Mark & Kim Hoffman
AI & Vivian Holland
Antoinette Holmes
David & Suzan Hoover
Onye Ikwuakor
Roger Heroux & Peggy Ives
Jennifer Johnson
Jim & Laura Johnson
Dwight Johnson
Bill Kappel
Kevin Kaveney
Tom & Laurie Kennedy
Sally Kennedy
Mike Kennedy
Anonymous
Keith & Bev Ketelsen
Keith Ketelsen
Thomas Kiemel
Frank & Janell Klein
Jay & Sandy Kloster
Karin Knutson
Natalie & Leif Kosatschkw
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Cary A Loewen
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Gary Loo
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Jess Lyons
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USA Triathlon Foundation
Vectrus
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YMCA OF THE USA
Our mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.