



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

2019 YMCA OF THE PIKES PEAK REGION ANNUAL SUPPORT CAMPAIGN  
**BUILDING A MOUNTAIN OF  
POSSIBILITIES FOR A BETTER US**

2019 DOWNTOWN YMCA ANNUAL SUPPORT COMMUNITY PLEDGE FORM  
**LEVELS OF GIVING**

**\$1,000 Gift**

Provide 4 teens the tools to reach their full potential by touring colleges and having an experience of a lifetime.

**\$500 Gift**

Six youth are safe and actively engaged 5 days a week in before and after school care.

**\$250 Gift**

Six future friends learn sportsmanship and skills with Y sports.

**\$100 Gift**

Four children of our community can learn to swim and be safe around water.

**I PLEDGE**

- \$1,000     \$500     \$250  
 \$100     Other \$ \_\_\_\_\_

**PLEASE SEND MY GIFT TO**

To the Downtown YMCA

Full Name \_\_\_\_\_

How would you like to be recognized? \_\_\_\_\_

*Gifts of \$100 or more will be listed in our annual report.*

I wish to remain anonymous.

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Preferred Phone \_\_\_\_\_

Email Address \_\_\_\_\_

**Campaigner Name**

**I WISH TO UTILIZE THE  
COLORADO CHILD CARE  
CONTRIBUTION TAX CREDIT**  
(minimum gift of \$250)

**BUSINESS NAME** (if a company gift)

- My company will match my gift  
 I'm not sure if my company will match my gift, please look up

**PAYMENT OPTIONS**

Please check only one of the following:

- My gift is **enclosed** in full amount of \$ \_\_\_\_\_  
 Cash     Check
- Please charge my **credit card** \$ \_\_\_\_\_  
 Monthly     Quarterly\*     Once in the month of \_\_\_\_\_
- I would like to add my gift to my **YMCA Membership** Draft  
 One time, **Lump Sum** in the month of \_\_\_\_\_  
 **Monthly** payments of \$ \_\_\_\_\_ through December 2019  
(Terms & Conditions of the original bank withdrawal agreement apply. Additional funds for the purpose of charitable contribution will only be withdrawn through December 2019.)
- Please send me an **invoice**  
 Monthly     Quarterly\*     Once in the month of \_\_\_\_\_

\*Quarterly: March, June, September and December

Please make checks payable to YMCA of the Pikes Peak Region.

**CREDIT CARD INFORMATION**

Please check only one of the following:

- MasterCard     Visa     Discover     AMEX
- Name on Card \_\_\_\_\_
- Account Number \_\_\_\_\_
- Expiration Date \_\_\_\_\_ V-code \_\_\_\_\_
- My address for this card is the same as above.  
If not, please list below.
- Card Address \_\_\_\_\_
- Signature \_\_\_\_\_ Date \_\_\_\_\_

**IT IS MY INTENT TO PAY THIS GIFT BY ONE OF THE FOLLOWING OPTIONS**

\*It is requested that gifts be paid in full by December 31, 2019

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



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**DOWNTOWN**  
YMCA

## OUR GOAL

To ensure all youth, individuals and families in our community can access programs that help build their success, safety, education and well-being.



## FOCUS AREA #1 SERVE AND ENGAGE THE ENTIRE FAMILY

**Need:** With busy lives and constant distractions, raising a family is harder than ever. Families need a safe and holistic environment to come together, build relationships, and enrich their lives through healthy activities.

### Our Vision

- Activities for all age groups, scheduled in a way that allows families to come together and participate in separate, age-appropriate programs.
- Opportunities for families to participate in activities and events together. These activities intentionally help to strengthen relationships.
- Staffing, operations and culture are designed to support members/families in feeling safe, valued and like they belong.

**We believe** that families need a place where they can come together, spend time together or enjoy different activities, and know that everyone will be safe, cared for and valued.

## FOCUS AREA #2: ENRICH THE LIVES OF ADULTS ACROSS THEIR LIFESPAN

**Need:** With obesity, diabetes, heart disease and chronic disease drastically on the rise, prevention is the best option for combating these troublesome trends.

### Our Vision

- We want coming to the Y to be the best part of our member's day.
- Being healthy is not only about working out, it's also about balance, social relationships and members finding their passion.
- The Y outlook on healthy living supports all areas of wellness with the highest quality programs, staff and environments.
- Staff are trained to not only help members reach their physical fitness goals, but also to find balance, build relationships and discover their own passion for healthy living.

**We believe** that supporting adults in their healthy lifestyle journey is about so much more than just providing them a place to work out.

## FOCUS AREA #3: ENHANCE THE QUALITY OF LIFE FOR THOSE LIVING WITH CHRONIC DISEASE

**Need:** Chronic disease affects everyone, whether as an individual living with it, a family member or a caregiver. The effects can be devastating for the person living with disease and those around him/her.

### Our Vision

- To provide LIVESTRONG® at the YMCA, a 12-week program for participants to heal and reclaim their health at no cost to the participant.
- To deliver the Y Performance Weight Loss Program to intervene before individuals develop chronic disease, to improve quality of life for those who have developed chronic disease, and to help individuals live healthier lives.
- To offer the Parkinson's Exercise Program at a very low cost to help those living with Parkinson's live their best life.

**We believe** in offering evidence-based programs for cancer survivors, those with Parkinson's, and others to help them improve quality of life through movement, regain their confidence, and provide a place for their families.

[ppymca.org/donate](http://ppymca.org/donate)

**2018-2019**  
**Annual Support Campaign**  
**YMCA OF THE PIKES PEAK REGION**

