



PACKING LIST

Please send appropriate clothing with your child, taking into consideration the weather forecast and camp activities.

CLOTHING

Packed Returned

- | | | |
|--------------------------|--------------------------|----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Underwear (6-8 pair) |
| <input type="checkbox"/> | <input type="checkbox"/> | Socks (8-10 pair) |
| <input type="checkbox"/> | <input type="checkbox"/> | 1-2 long pants |
| <input type="checkbox"/> | <input type="checkbox"/> | 3-4 pairs of shorts |
| <input type="checkbox"/> | <input type="checkbox"/> | 1-2 long sleeved shirts |
| <input type="checkbox"/> | <input type="checkbox"/> | 4- 6 short sleeved shirts |
| <input type="checkbox"/> | <input type="checkbox"/> | 1 pair of closed-toe shoes |

OUTDOOR / WATER FRONT

Packed Returned

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Light jacket or heavy sweater |
| <input type="checkbox"/> | <input type="checkbox"/> | Raincoat/Poncho |
| <input type="checkbox"/> | <input type="checkbox"/> | 1 swimsuit |
| <input type="checkbox"/> | <input type="checkbox"/> | 1 beach towel |
| <input type="checkbox"/> | <input type="checkbox"/> | Sunscreen (SPF 30 min.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Mosquito repellent (non-aerosol) |
| <input type="checkbox"/> | <input type="checkbox"/> | Hat with visor |
| <input type="checkbox"/> | <input type="checkbox"/> | Hat, gloves, and coat - season specific |
| <input type="checkbox"/> | <input type="checkbox"/> | 1 pair of sandals with ankle strap or water shoes (To be used in the water, must stay on. If you plan to participate in aquatic activities.) |

Bedding / Night Activities

Packed Returned

- | | | |
|--------------------------|--------------------------|---------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Sleeping bag or bedding for twin size |
| <input type="checkbox"/> | <input type="checkbox"/> | Pillow & cover |
| <input type="checkbox"/> | <input type="checkbox"/> | Pajamas |
| <input type="checkbox"/> | <input type="checkbox"/> | Flashlight/batteries |

Toiletries

Packed Returned

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 1 towel and washcloth for bathing |
| <input type="checkbox"/> | <input type="checkbox"/> | Soap and shampoo |
| <input type="checkbox"/> | <input type="checkbox"/> | Comb/Brush |
| <input type="checkbox"/> | <input type="checkbox"/> | Toothbrush and toothpaste |
| <input type="checkbox"/> | <input type="checkbox"/> | Menstrual hygiene products if necessary |
| <input type="checkbox"/> | <input type="checkbox"/> | Medications |

Optional Items

Packed Returned

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Water bottle |
| <input type="checkbox"/> | <input type="checkbox"/> | A small backpack |
| <input type="checkbox"/> | <input type="checkbox"/> | Stamps/cards for writing home |
| <input type="checkbox"/> | <input type="checkbox"/> | Disposable camera or inexpensive digital camera (please label cameras with camper name) |
| <input type="checkbox"/> | <input type="checkbox"/> | Favorite camp-appropriate costume (optional) |
| <input type="checkbox"/> | <input type="checkbox"/> | A great attitude |

PACKING POINTERS

- Two-Week Campers—please remember to bring enough clothes to last 13 days.
- CITs attending more than two weeks will have the opportunity to wash clothing after their first two weeks at camp.
- **Send old clothing** to camp as your child will be camping out, participating in rugged sports, climbing and hiking through the woods.
- **Label all of your children's belongings;** first initial and last name works well.
- Please actively **engage your child in the packing process** so they are aware of what is packed and where items are located.
- Luggage should be compact and easy to carry uphill. Please do not bring expensive luggage!
- Swimwear should be packed at the top of the camper's luggage because campers will be checked for their swimming ability shortly after arrival at camp.

BACKPACKING TRIPS

All campers will be given the option (weather dependent) to go on an overnight camping trip at our onsite canyon campsites. Campers are outfitted with framed backpacks, sleeping pads, and backpacking tarp shelters.

IF YOU WILL BE PARTICIPATING IN ANY HORSEBACK RIDING ACTIVITY:

Packed Returned

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Jeans |
| <input type="checkbox"/> | <input type="checkbox"/> | Required: Western boots or sturdy shoes with a defined heel are required. (Campers are welcome to use boots from the camp boot library.) |

LEAVE IT AT HOME

Camp is a natural setting to unplug from electronics and to get more in touch with people. The items that are listed below (or other items deemed dangerous or inappropriate) will be confiscated until the end of the session.

Please leave the following items at home:

- Electronics
- Cellular phones
- Hair dryers or curling irons
- Firearms or knives (including Swiss Armys)
- Weapons
- Alcohol/tobacco/marijuana/nicotine/illegal substances
- Personal sports equipment
- Expensive items/money (store money is deposited at check-in)
- Aerosol sprays (including insect repellent and hairspray*)
- Matches/lighters
- Animals/pets
- Personal foods (unless pre-arranged for dietary needs)

*Canned repellent is not allowed at camp. Insect repellent must be in the form of lotion, wipes, or non-aerosol bottles. Aerosol cans become a safety hazard around other children and around the campfire.