

WESTSIDE COMMUNITY COTTAGES

1616 W. Bijou St.

Registration begins Monday, October 7th at 8 a.m.

- **By Phone:** (719) 955-3400 or (719) 209-1717
- **On-line:** csseniorcenter.com
- **In person:**
Westside Community Center (1616 W Bijou St): Mon-Fri, 8-4
Downtown YMCA (207 N Nevada Ave): Mon-Fri, 8-4

Please note: No in-person registration at Southeast Armed Services YMCA

All classes require registration and are subject to cancellation or change.

ART

Class Name	Description	Instructor	Date	Day	Time	Cost
Woodcarving	Learn the art of woodcarving! This is a beginner and intermediate skill-level class. Materials provided, please bring your own carving tools. Some loaners for new students are available.	Dan	Nov 4-Nov 25	M	9:00-11:30	\$60
Oil Pastels	Experience the fun ways to create artwork using oil pastels no matter your style be it photo realism, abstract, or fantasy. All skill levels of creatives are welcome. This course is great for people who want explore their creativity.	Jenna	Nov 4-Dec 16	M	2:00-4:00	\$50
Beginning Watercolor For First Timers	This is the natural continuation class to "Beginning Watercolor For First Timers." Learn watercolor in a unique, simple-to-understand, innovative way. All the watercolor rules are covered, along with the three weights of water-to-pigment ratios: Tea, Milk, and Honey. Make fast advancements by eliminating mistakes and concentrating on proven watercolor methods. This fun class is great for newbies' painting or those returning to watercolor after putting down their brushes.	Steve	Nov 5-Dec 3	T	9:00-11:30	\$55
How to Paint Watercolor	This class is for newer students of watercolor. "How to Paint Watercolor". We will be studying and walking through each of three major steps to consistently producing strong works in watercolor. (Taking notes is strongly advised.) You will learn: How and where to start, Questions to ask yourself prior to picking up a brush, Why does the first ten minutes of a paint, so strongly determine the outcome of your painting.	Steve	Nov 5-Dec 3	W	12:30-3:00	\$55
Gemstone Faceting	Discover the Art of Gemstone Faceting: A Journey into Precision and Beauty. Unlock the dazzling world of gemstone faceting and transform rough stones into stunning, multi-faceted gems. Gemstone faceting is both a precise art and a rewarding craft, where skill and creativity converge to enhance the natural beauty of gemstones.	John/Ray	Nov 5-Dec 17	T	12:30-3:00	\$48
Painting The Masters in Watercolor	This watercolor class will explore how the masters of this medium solved their watercolor problems, as well as converting other master works into the medium of watercolor. We will paint what they painted to glean all the information they still offer us today. We will be seeking to learn and understand their process, seeing how they did it. We will be rendering from artists of long ago as well as contemporary masters of watercolor and other works. A variety of watercolor methods will be explored, with the goal of incorporating some of these proven techniques into our own work.	Steve	Nov 6-Dec 4	W	9:00-11:30	\$55
Loose and Free Watercolor Painting 2	This intermediate watercolor class will explore the watercolor process using direct painting techniques in this medium to solve intuitive watercolor problems. The goal is to understand how watercolor sketching, being playful with color can work for making fun and bold artistic statements.	Steve	Nov 6-Dec 4	W	12:30-3:00	\$55
Glazing in Watercolors and Acrylic 2	During this class will will explore work with this ancient method of learning to create expressive glowing color. Materials will be discussed first class.	Darcy	Nov 14-Dec 19	Th	9:00-11:00	\$55
Working with Gouche in Landscape	By popular demand this class will address the technical methods of using this powerful watercolor medium to create bold images.	Darcy	Nov 14-Dec 19	Th	1:00- 3:00	\$55
Watercolor and Colored Pencils	Learn the techniques of these up and coming mediums. Supply lists will be discussed first class!	Darcy	Nov 15-Dec 20	F	9:00-11:00	\$55

SOUTHEAST ARMED SERVICES YMCA

2190 Jet Wing Dr.

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Dance

Class Name	Description	Instructor	Date	Day	Time	Cost
Beginner Line Dance	Beginner Level Line Dance. Low impact, beginner level dances to a variety of music/songs. Knowledge of basic Line Dance steps recommended.	Betty	Nov 8-Dec 20	F	9:00-10:00	\$45
Improver Line Dance	Improver Level Line Dance. Low impact, Improver level dances to a variety of music/songs. Knowledge of Line Dance steps and Beginner Line experience necessary.	Betty	Nov 8-Dec 20	F	10:15-11:15	\$45

OUTSIDE IN THE COMMUNITY

Class Name	Description	Instructor	Date	Day	Time	Cost
Forest Bathing	When was the last time you felt a sense of awe in nature? Also known as forest therapy, forest bathing is the practice of immersing yourself in nature. Awaken your senses through a series of guided invitations for interacting with nature. Join Serena Vogel, MA, Certified Nature and Forest Therapy Guide for two-hour guided forest therapy walks in North Shooks Run Park. This is not a time of exercise or hiking. In fact, we will be moving less than ¼ mile over the two hours. At the end of our walk, we will have an informal tea ceremony with a small snack. Note: No two forest bathing walks are alike. Each walk has unique invitations. Please Register by 12 p.m. the Friday prior to the walk.	Serena	Nov 2 Dec 7	S S	8:30-10:30 8:30-10:30	\$8

Day Trips!

We will be meeting off site at 525 S. 8th St. to catch the Ramblin Express for these trips!

Butte Theater Presents: Miracle on Miseltoe Mountain	It's Christmas in Cripple Creek, and Clara, an angel treading on thin ice with her heavenly bosses, receives a last chance at redemption. Tasked with aiding Joe and Molly Kelly, proprietors of a boarding house for the downtrodden, Clara must thwart the nefarious plans of Mr. Parker, a conniving tycoon bent on seizing their beloved home. Echoing the timeless charm of It's a Wonderful Life, this captivating tale is a tribute to love and sacrifice set against the backdrop of the exhilarating Cripple Creek gold rush era. Join us for a heartwarming journey that celebrates the true spirit of Christmas! (The Ramblin Express leaves at 9:15 from 8th St in the Springs, we board to come home at 4:00. You'll also have free time to grab lunch and explore before the 1:00 p.m matinee at the theater! Price includes bus & performance tickets.	Christa	Nov 30	Sa	8:50-5:05	\$60
Cripple Creek	We're excited to invite you to experience the enchanting town of Cripple Creek, Colorado! Nestled in the scenic Rocky Mountains, this historic gem offers a perfect blend of the historic casinos, relaxation, and small-town charm.	STAFF	Dec 18	W	8:50-3:50	\$40