

TURKEY TROT 5k



RACE DAY INFORMATION

The Briargate YMCA facility will be closed on Thanksgiving Day. Therefore there will be NO child watch services or access to the locker room on race day.

Parking is available at the **Medical Office Complex** located across the street from the YMCA and at the **Briargate YMCA**. Access to this lot is only accessible off of Family Place via the intersection of Union and Family Place.

Race Day Registration & Packet Pickup will be in the Large Gym beginning at 6:30 a.m. and ending at 8:30 a.m. Those registering after 8:15 a.m. may not be timed. Shirts are not guaranteed for race day registrations.

Timing Info: Pin your bib on the front of your shirt. You must cross the pad at the start & finish line to have your time register. Disposable chip is attached to your bib and does not need to be turned in.

Kids 1K begins at 8:15 a.m. The Start / Finish line is located at Austin Bluffs and Briargate. Check-in is located at the starting line. This event is FREE – shirts will not be provided but kids will get a bib number and goodies at the finish line.

5K Race begins at 9:00 a.m. The Starting Line is located at Austin Bluffs and Briargate. Please line up for the race according to your pace time as identified by yellow signs.

First Aid will be provided by an AMR Ambulance. First Aid station is located just past the finish line.

Water station will be provided on the course near mile 1 and mile 2.

Stretching area is available inside the YMCA in the Small Gym (West). Please enter the facility at the front doors and go down the hallway to the first door on your right.

Please do not gather in the hallways or lobby. If you would like to wait inside the facility please go to the Small Gym (West).

Please exit the facility from the large (east) Gym doors located on the south wall instead of going back through the facility. This will help reduce congestion and increase safety.

All pets must be registered for the 5K. All pets must start in the furry friendly wave.

Turkey Yard is located in the Medical Office complex across from the YMCA.

Awards will be presented in the Turkey Yard at 9:40 a.m.

Portable restrooms are located in the Turkey Yard. Additional restrooms are located inside the YMCA front lobby.

Refreshment tables are located in the Turkey Yard.

Race results will be posted in the Turkey Yard and on the PPYMCA website at ppymca.org/turkeytrot.

Photos will be posted on our YMCA Race Series Facebook page as well as on our website, ppymca.org/turkeytrot. Use the hashtag #ymcaturkeytrot to tag us in your photos!

Have fun! Enjoy your Thanksgiving. Thank you for participating in the **YMCA of the Pikes Peak Region Turkey Trot Presented by Kaiser Permanente.**